

The Evolutionary Psychology Behind Politics: How Conservatism and Liberalism Evolved Within Humans

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RELIGION, MORLITY and FREE WILL

Just as Newtonian Physics break down at quantum levels, doesn't mean they don't apply. Likewise, these large scale patterns don't mean individuals don't have free will. The book describes urges, which people can resist.

And, since this book helps us see our urges, it will make us freer than ever.

- CHAPTER 1 - THE THEORY OF THIS BOOK Page 1

This is for those who are puzzled by their opposition. It will show the tendencies to left and right and what causes it.

The r-Strategy is an adaptation to the presence of copious resources. Such areas support large numbers and much reproduction. This brings us liberalism.

K - Strategies adjust to a scarcity of resources. This brings us conservatism, often seen in species not preyed upon.

This is why "conservatives think like lions and liberals think like lambs." Lions must compete with their peers. Sheep are freer and more promiscuous. Lions are belligerent, competitive and sexually restrictive. Sheep try to turn resources into offspring as quickly as possible.

Liberals' 5 traits:

Aversion to competition; tolerance for promiscuity; single parenting; early onset sexuality; and a lack of in-group loyalty of hostility to out groups. These five traits explain all liberal policies.

The basic idea is that resources are limitless.

The K-Strategy has the five opposite traits: Accepts competition (where some fail and some succeed); rejects promiscuity in favor of sexual selectivity and monogamy; favors high investment, two parent parenting; delays sexual activity; and gives people fierce in-group loyalty.

5 - In a field that can support 100 rabbits, owls' hunting keeps the population down to 20. These rabbits had better reproduce as quickly as possible. And, if you spend a lot of time on one off-spring, others will out-reproduce you and it may die. So, get on it!!

7 - If there are K-selected wolves with just enough deer to feed them. When they make babies, there will no longer be enough. So, wolves must aggressively compete for resources. This situation will evolve a psychology designed to have people invest heavily in a few competitive offspring.

8 - K groups often evolve to compete with other groups as it is more efficient than working alone. That is why we see packs of wolves, herds of elephants, pods of dolphins and prides of lions, each of whom care deeply for each other; while prey species (mice, antelope, deer, rabbits and other r-species don't show sadness if one of theirs falls prey to a predator.

Biologists have long thought of r-selected as somewhat inferior to K-types. Why? Humans are highly K-selected and so are not tolerant of r-selected folks.

9 - Pure r-selection will tend to devolve the species who adopt it, through the abandonment of competitive spirit.

10 - Provide copious resources, and a high degree of success, and a society will trend liberal. Restrict resources and confrontational, aggressive psychologies will emerge. Liberalism retreats to the shadows.

This may be the origin of early migrations. We lost body air and this means we could hunt furry animals that were too hot to move in the day. Or we could catch them as they had heat stroke!

11 - As we got free resources, we multiplied. That means our resources diminished. Competition made us more K-Selected. These groups battled for resources. Another group would flee the group to another area - which might have abundant resources.

This would become a strategy of avoiding competition and fleeing. This became r-selecte ancestors. Reduced loyalty to in-groups would facilitate this. As would a gene for novelty seeking.

Closely behind the fleeing r folk would be K selected folk who had lost the battle. Actually, those who could best adapt an r or k to the current environment would do best.

In this book we'll see r-selected males adopt non-threatening, feminine appearances.

- CHAPTER 2 - POLITICAL IDEOLOGY DEFINED Page 15

Generally, political ideology is perceived to exists on a spectrum from conservative to liberal.

While issues divide such ideologies, they have been seen as unrelated psychologically.

Instead people try to unite them on ideology: so conservatives want more gun freedom to limit government. But does this go with wanting a more conformist socially conservative society? It also doesn't mix with a desire to listen to authority.

Liberal's desire for free sexuality does not go with higher taxes necessarily.

This work will show psychology underlying political ideology.

- CHAPTER 3 - r/K SELECTION THEORY Page 19

The field of Evolutionary Biology has gone to a more species specific adaptation model. And, we must know that different contingencies will make r or K happen. If population densities are reduced due to predation, we get r. But if population density does down due to food shortage, we get more K.

20 - But, while evolutionary biology doesn't use r/ K much as much any more due to it being too vague, it is great for our purposes.

Getting technical: 'r' refers to maximal reproductive rate per individual; k represents the carrying capacity of the environment in such equations.

Here is one:

$$\frac{Dp}{Dt} = rP \left(1 - \frac{P}{K}\right)$$

P represents population size. D is the change that will occur in the variable it precedes. So (dp/dt) is the change in population over time. rP = the max population possible per individual r x the total number of individuals (P)

If P = K the population change is zero. If there is room to grow, P will be less than K. Until the equation reaches balance again. Then it will go back to zero.

Populations over a certain density will either have a low p/K ration (ie exist below the carrying capacity of the environment) combined with a high r(maximal repro rate) OOOORRRR a low r combined with a high P/K ration (exist near the capacity but reproduce slowly).

They will either live below capacity and multiply quickly or get near the carrying capacity and reproduce slowly.

R usually comes from high predation. This mortality increases the amount of resources for each. Avoiding dangers and out-reproducing others is the way to win. Young sexuality and promiscuity win. They don't compete. And, multiple generations will exaggerate these tendencies.

Rabbits are the best example.

K selected are at capacity. So newborns must compete for resources. Single parenting will lead to malnutrition, poor development and a lack of protection.

Bonding with a less competitive mate will be a disadvantage. So you must wait.

26 - K folk will be adverse to promiscuity and be tolerant of competitive failures. They will focus on the success of their offspring. They will also be loyal to their in-group. Wolves are the best example.

Both r and K species have logical reasons for what they do. But neither thinks about these drives. They just do what feels comfortable.

This text will focus on resource availability and lack thereof as the main drivers. It will ignore other factors that might impact outcomes, such as environmental instability, early age of mortality, etc.

R and K exist on a spectrum, depending on how long the excess or scarcity. Individuals always vary.

**- CHAPTER 4 -
A FURTHER NOTE ON r/K THEORY
Page 31**

R/k has been around for a while and survived challenges.

33 – Many basic texts describe r strategy as being defensive. – designed to counteract high mortality in an unstable environment. This is an incomplete portrayal.

r-environments can exist absent instability, it largely rests on abundance. In such an environment, learning skills is a waste of time. Quantity beats all. This does not require instability or mortality. Nature provides periods of abundant resources.

34 – Many bacteria (Bacillus Calmette – Guerin and lab variations of E. coli will devolve their genome once put in petri dishes of unlimited resources.

The few cells that have simpler dna will reproduce faster. Wild strains of Mycobacterium bovis have higher degrees of complexity.

We also get more complexity if we have selective mortality. That favors those who are fitter than their peers.

**- CHAPTER 5 -
THE RELATIONSHIP BETWEEN IDEOLOGY and r/K
SELECTION THEORY
Page 37**

R selected organisms are against merit-based competition. Liberals are also against free merit-based competition. Resources, they say, are free and we should have “equality.” Scarcity is only due to ‘greedy’ people taking more than their fair share.

38 – Liberalism is also okay with children being exposed to sexual material early on.

They emphasize the right of individuals to be parents, rather than the rights of children to be raised in as optimal a fashion as possible.

K folks like family values. They shield kids from sexual images. They want chaste, competitive kids.

40 - As populations drop, individuals see each other less and less often. Then r/K breaks down. They roam territories alone. The idea of group-centric aggression

seems illogical to them. Fathers abandon women after mating. These are r strategists going out to harsh environs. This would make for libertarian psychology.

It would not be surprising if many libertarians today would relish going to sparsely populated rural areas. It must have been adaptive at some point.

- CHAPTER 6 - THE EVOLUTION OF COMPETITIVENESS AND ANTICOMPETITIVENESS

Page 43

As organisms evolve, both competitiveness and anti-competitiveness will be selected for. And within a species these may compete.

One is driven to compete, the other to acquire mates without engaging K-selected folks in competition. They want to avoid situations that would test their competitiveness.

44 – There is evidence that this variation is in one allele. So it seems the goal is to spread the allele.

45 – The K folks move towards competition for competition's sake. And, it would become ritualized among those who carry the trait. Peacock tails, and knocking horns are two examples.

This would cull uncompetitive folks when there is scarcity. But, the competition would be a disadvantage when there is abundance. We would have diversity via r breeding on one end and culling to competitive conformity when scarcity returns.

To survive K periods, r folks need to have anti-competitive traits, such as deception and emotional manipulation. His best bet is to engage competitors in competition while avoiding it himself.

46 – We see this in r folks importing jihadists. Romans putting barbarians in the army did the same thing.

We see this when r folks with firearms or guards seek to take arms away from others. We see this when they send our military out to fight and don't let them fight. We see this in trying to make ours a multi-lingual nation wherein people cannot communicate with each other. This promotes conflict within the citizenry and so undermines fair competition.

- CHAPTER 7 -

COMPETITIVENESS AND ANTICOMPETITIVENESS – THE CUTTLEFISH MODEL

Page 47

Giant cuttlefish (*Sepie apama*) females look for the biggest most impressive males. Males outnumber females 11:1.

These fish are excellent camouflagers as dolphins and seals and even other cuttlefish prey upon them.

Sometimes they pretend to be females and get to the female without fighting. They thus break rules and avoid competition.

51 - An effete, competition adverse liberal, who deceives is 'a motif we have seen before.' Such cuddle fish are also more promiscuous.

- CHAPTER 8 – ALTRUISM AND GROUP COMPETITION Page 53

For most of history we have been K selected. Group fighting is competitive. That is more K. r selected folks would not understand how anyone could want to compete. They would become anti-competitors.

- CHAPTER 9 – ALTRUISM AND GROUP SELECTION Page 57

Group selection theory has resurged, and it is to account for many traits lumped together as altruism.

An error in the debates saw individuals as cells in a larger organism.

But, if a group of altruists wiped out the competing non-altruistic groups, a deceiver would arise in that group to take advantage of all of the altruism.

But, there is reputation, reciprocity and punishment of bad faith to take care of that. We still lock up excessively selfish people.

59 – In truth, much of life is individuals trying to get into groups; be they corporations, the military, sports teams.

60 – These are self-assembling competitive groups that police and eject their members. And, it creates competing groups.

They select for the individual's full suite of psychological / physical traits. And, historically, if you do not get into these groups, you are doomed (from a Darwinian perspective).

61 – This dynamic also make individuals who are able to quickly assess group's strength. You want to associate with successful people and groups.

This model retains individual selection, while eliminating the weakness in traditional group selection theories. It also explains the genetic basis of in-group favoritism.

62 – But current debates have also overlooked benefits one gets from being in a group.

This bonding is based on honor.

And, it is K and means that you might get out bred for a while. But, when things go bad, you'll have an advantage. So it isn't altruistic.

K includes a willingness to accept defeat with honor.

Now imagine this honor trait combined with group-competitive psychological traits: affiliation drives, desire to display one's success, drive to join a successful group and surround oneself with peers of like mind; drives to police one's group and expel those sans loyalty; and sprinkle in an aggressive intolerance for outsiders who don't have this trait.

Those which best embody these ideals (competing and honoring outcomes, ability) lead to us.

63 – Combine this with a study which shows monogamous folks are associated with altruistic cooperativeness, and that promiscuous folks are less cooperative.

64 – There is even evidence that the tendency towards warfare, the K evolves model predicts, has produced the moral, altruistic, social psychology we exhibit today. Group selection is a mechanism that promotes K traits.

R asserts itself via the 'dissent is patriotic' meme. This is only effective when using the competitor to bash your side's top dogs. It thus exploits the idea of loyalty to take down the top dog.

65 – The R selected has one direct threat: the successful, K selected individual competitor within their population.

This is hippies spitting on servicemen.

We see this when the Rs do not allow overwhelming force by our military. The left, instead, insists that we expose our troops to risk and potential defeat. The more left you go the more sympathy you see for the enemy.

66 – If they bring us defeat, they will knock down our K without direct confrontation.

- CHAPTER 10 - THE WARRIOR Page 67

The K war strategy could be one used to counter the fecundity of the R.

68 - Several traits would evolve:

Loyalty, Intolerance for disloyalty, Competitiveness, Intolerance and disregard for the out-group, support for leadership, traditionalism (which offers a reason to fight and supports K values and virtues), exhibition of pro-social, group unifying behaviors, intolerance for the deviations from the warrior ethos.

These attitudes would be ingrained genetically. Such neurobiological tendencies impact our values in our policies.

- CHAPTER 11 - THE APPEASER Page 71

K selected folk must have the ability to identify each other. They must be able to spot those who will be parasites off of other's altruism.

We are calling the r-selected folks who use anti-competition to compete, "the appeaser." This technique thrives in abundance. It is done to avoid competition and indirectly attack the K. It is appeasement in that it often appeases the out group.

It is good if it has:

1. Underlying hostility to the warrior. It will ask foreign K to attack theirs. It could include a desire to have our K risk themselves in battle to save foreigners.

2. Diminished or absent loyalty to group. This prevents the K from asserting higher status.
3. Lack of competitiveness. It will stall rather than fight so that K cannot rise.
4. Openness to the interest of out groups. It is easier to appease the enemy than to overthrow ones own government. And, it is easier to aid in killing onesown warriors if you think they're immoral.
5. Tendency to disregard leadership's authority. They will often do so in times of war.
6. Rejection of traditionalism. This is also an outgrowth of novelty seeking.
7. It rejects pro-social unifying behavior via support for indecency. They support a multilingual fractured society to defeat society.
8. Deception: they must seem patriotic and so attack all who would question their patriotism.

It is easier for K folk to police their ranks in a small society; so r folks amass in large population dense cities.

They resist attempts of K warriors to amass strength – such as taking Islamic oil. They maintain their rep as patriotic even as they call patriotism stupid.

77 - Yet we all know the K is superior to the R. They r is always a loser. Monogamy, we all know, is better than promiscuity. It leads to competitiveness, ambition and taking responsibility (which is better than entitlement, irresponsibility and sloth).

Loyalty is better than infidelity.

Thus we cannot be unbiased. Good is better than evil.

- CHAPTER 12 - ISSUES AND POLITICAL PHILOSOPHY IN THE CONTEXT OF THIS THEORY Page 79

- ECONOMICS

Conservatives like the free market. This has competition, winners and losers. The left wing likes a controlled economic structure. They want equal outcomes wherein people are protected from failure.

Note that the liberal does not seek to outcompete the K and redistribute their own wealth. They want government to reapportion.

- SOCIAL POLICIES

K disdain unorthodox child rearing styles lead to sub-par outcomes for the child.

Therefore, their psychology likes children, traditional families, impeccable morality and decency.

The R wants unselective, promiscuous behavior, calls it modern and progressive and thus denigrates K mating.

82 – R likes an educational environment which advances the concepts of sexual promiscuity, diminished confrontation, and less loyalty to in-group, lower investment single-parenting diminished discrimination between good and bad, and less adherence to K-style rules.

This extends to non-valuing of off-spring to the point of being pro-abortion .

- PERSONAL DEFENSE

The K want guns to fight with criminals.

The r will try to limit competition by preventing anyone from owning arms. This raises their relative level of fitness. It could also create a beneficial confrontation between K and the police.

No r would ever have the courage to go to a K's home and try to take the gun away. They get government to do it for them.

The random killing this might encourage mimics the prey situation Rs find themselves in, in nature. The Rs are comfortable with this as long as there is no fitness selection from the violence. Even if it will lower crime, they will not have guns because it creates a selective situation.

- FOREIGN POLICY

The K will see sharp distinctions between in groups and out groups. This will facilitate strength in battle. And once conflict begins, they will demand loyalty and subservience to leadership.

Liberals don't like this competitive environment. And, they will avoid any calls to war. If that fails, they will ally with the out-group.

85 – NYU's John Jost has documented this lack of loyalty. He also has documented rebelliousness as a left virtue.

Liberals want to sacrifice resources to more primitive and violent nations.

- GOVERNMENT SCOPE AND SIZE

K folks accept the consequences of bad decisions. But this should be rules-based. The government is to ensure fair competition. And, folks should be free to compete.

R is the opposite. So the Left says, unless otherwise controlled, a population will revert to primitive and evil urges to strive and compete with each other. On the far left, they want to stifle all competition.

- ENVIRONMENTALISM

Consumption to all to the point of scarcity is one of the K selected attributes. To stop this the r seeks to put restrictions on consumption. This is to forestall the K in a resource limited world.

- NATIONAL SOVERIEGNTY

The R cede sovereignty to avoid competition and conflict. Ks will fight for sovereignty. It is a contrast between the desire to act autonomously and have any outcome or see one's urges controlled.

- DISCRIMINATIONS BETWEEN GOOD AND BAD

Liberals don't like good and bad as it speaks to consequences of actions. They also don't like retribution by groups, which is the main means of punishment for non-altruistic behavior.

K like morals and the redistribution that follows from good behavior.

The r-selected psychology needs an environment any disparity is individual ability is meaningless and there is no discrimination and success just equals mating promiscuously and abandon off spring without consequence.

The desire to discriminate thus becomes part of an altruistic strategy.

- POLITICAL CORRECTNESS

All conflict must be eliminated for the R. No competition and no stimuli that provokes conflict.

The K folk are brash and that creates conflict.

Among warriors friendly insults and jibes build rapport through individuals demonstrating their comfort in competition. And, it shows their refusal to take umbrage at anything said by an in-group member.

Rs portray brashness as anti-intellectual. Ks portray PC as weak and cowardly.

- PUBLIC HEALTH POLICY

Death comes from unhealthy behavior.

As Ks do not have rapid population growth, they have a greater issue with any unselective mortality, or mortality aimed at their in-group.

K are also tolerant of death from poor choices.

- IMMIGRATION

R sees that we have enough for everyone. And, there is no real in-group, out-group loyalty.

K sees the out-group immigrant as that and a competitor.

BUT it is not really over issues, but which reproduction strategy will dominate, R or K.

**- CHAPTER 13 -
THE SCIENTIFIC EVIDENCE
Page 97**

Two psychologies exist within our species and both are tied to a gene, he'll show. Their expression is determined by early life rearing.

But, biology is no more destiny than ignorance is bliss.

**- CHAPTER 14 -
LIBERAL VS. CONSERVATIVE BRAIN STRUCTURES
Page 99**

Dr. Ryota Kanai of the Institute for Cognitive Neuroscience, University College, London, in 2011, did MRI scans of political ideologues.

Liberals possess a smaller right amygdala volume and a larger anterior cingulated cortex.

This verifies other work that has linked amygdala function with political affiliation.

See: Amodio, D. M., Jost, J. T. Neurocognitive correlates of liberalism and conservatism. *Nature Neuroscience*. 2007

Rule, N. O. Freeman, J. B. 2010 Voting behavior is reflected in amygdala response across cultures. *Social Cognitive and Affective Neuroscience*.

The amygdala assigns emotional significance to encountered perception. It is associated with the ability to perceive threat and the production of fear.

It is like the Captain Kirk. All report their observations to him and he assigns significance. If the amygdala is well trained, the captain can stay calm in many situations. If not, he causes panic too often. He will ban pop tarts in lunches and wonder why we made terrorists angry.

Amygdala's remember negative outcomes. Folks with reduced amygdala have difficulty reading social cues and threats. They are "retarded in their ability to foresee and avoid dangerous confrontations."

They also avoid eye contact. Which deprives them of seeing emotional cues.

They do so with familiar faces, but not with inverted faces. It is an anti-competitive strategy.

The amygdala helps us recognize and avoid negative outcomes. IN the K selected – environment there are many potentials. In the R selected environment, they are rare and can be avoided by fleeing. Fight and starve are not options.

IN such a pleasure producing environment, you would expect to see the amygdala atrophy.

The amygdala has been found to be responsible for expression of aggression or lack thereof.

One monkey with a amygdala removed approached aggressive monkeys, got beaten and then approached again, without fear. He also just ate whatever he was given without discrimination and rapaciously.

They were very into exploring that with which they were already familiar, desired to explore the novel and were big eaters. This creates a psychology which avoids confrontations, migrates to new environs and is willing to explore creative new sources of resources (which aids in conflict avoidance) rather than battle for the same resources as others.

This correlates with research showing the allele of the DRD4 gene (the 7R allele) which is associated with a predisposition to ideological conditioning towards liberalism and novelty seeking and is elevated in migratory populations.

The liberal's desire to explore an issue from every angle may derive from a base urge to seek out and explore the novel so as to identify the means by which to avoid confrontation. This helps it find new resources.

Kluyver Bucy Syndrome is a psychological illness produced by deficient amygdala function. It is associated with docility (an absence of aggression) and hypersexuality (mating with inappropriate folks or objects).

106 - Amygdala lesions are also associated with diminished investment in child rearing. It is also associated with a lack of empathy. So it seems to make people more selfish, less altruistic and deficient in morality and moral judgments, moral emotions, and guilt. Psychopathy is associated with reduced overall amygdala function.

Other research shows that reduced amygdala responsiveness underlies the reduced cooperation seen in psychopathy. People with larger amygdalas read emotional cues better and are more likely to be conservatives. This goes with the 260 million + who have been murdered by leftists revolutions.

107 - Unable to see fear inducing objects. They call all who notice threats, 'phobic.'

108 - The amygdala motivates a normal person to alter their environment in such a way that the amygdala no longer perceives the offending stimulus.

109 - The amygdala works by making the failure to act more uncomfortable than acting. This can motivate non-hedonistic behaviors like heavy investment in child rearing doing high - cost / non-impulsive moral actions.

It can make you empathetic towards others. This book is assuming / asserting that K competitors are the altruistic beings.

K is developed via adverse experiences. It trains one avoid failure. A person in an R environ would experience less adversity and not develop the amygdala.

This works to fit the environ. The

Kanai ALSO found liberals have a larger Anterior Cingulate Cortex (ACC). It signals when something is wrong or something requires more detailed analysis. If the amygdala identifies a reason to panic, the ACC is the button it pushes to trigger panic.

The ACC is strongly activated during periods of physical pain, stress and social exclusion.

111 - The ACC is also triggered during envy. This larger envy structure explains the constant refrain to 'tax the rich!' This also tends to lean folks towards willingness to break / bend the rules.

This combined with a higher sense of exclusion would lead to a desperate psychology, willing to do whatever is necessary to win, regardless of loyalty to group / honor / fairness or justice.

112 – ACC activation also coincides with exhibiting empathy with others. It simulates their pain. It makes feelings of empathy, wherein the amygdala detects empathetic cues.

This means conservatives will be better at telling when to be empathetic. And, the amygdala will give them better motivation to act on empathetic feelings. But, they will feel less empathy with psychic pain.

This is consistent with competition and seeing losers pain as fair. Thus the altruism will be specifically directed towards peers, and not aimless empathy for everyone.

Envy, combined with an overdeveloped empathy that is only triggered by extreme stimuli, would also produce an individual overwhelmed by the sight of the poor, but unable to sacrifice themselves personally to assuage their empathetic drive.

113 – This is consistent with the observation that liberals contribute less to charity, but demand others have higher taxes to pay for charity.

Both have competition, but the conservative will feel less empathy while the liberal will feel it but be less willing to sacrifice; they will feel more pain when contemplating it.

114 – This explains much: conservatives are often perplexed by liberals failure to discriminate between good and bad people. Liberals want lax sentencing, and to return terrorists to action and no airport security.

The liberals say human judgment is flawed. Thus they want procedure to replace police discretion. And, from their perspective, they are right, they cannot perceive threat. And they think the conservatives presumptuous for saying they can judge.

That the amygdala is involved in all behaviors that make the r/K difference implicates it in political ideology. It triggers aggression / competitiveness, sexual libido, investment in child rearing, and the drive to altruistic behavior such as loyalty to the in-group.

- CHAPTER 15 - THE TEMPORAL THEORY OF IDEOLOGICAL COGNITIVE MODEL

Page 117

The ACC is triggered when unpleasantness is **present**. (whether that be physical or unfairness or ostracism). The amygdala shows possible pain in the **future**.

One is driven to reduce pain in the present, the other to reduce pain in the future.

Liberals focus on the plight of the presently poor, even though this will raise the deficit and cause pain later. This triggers the conservative's warning about pain in the future.

This bodes poorly for understanding between the two camps. But it makes sense to both. The liberals live for today, with little regard for their offspring.

This means that one leads to a longer lasting civilization than the other.

- CHAPTER 16 - THE GENETIC ASPECTS OF POLITICAL IDEOLOGY Page 121

Environmental conditioning towards a liberal political ideology has been noted to be facilitated by a specific variation in the gene for the D4 dopamine receptor (DRD4-7r).

Widely known as the neurochemical reward, proper dopamine function is necessary for the proper function of the prefrontal cortex (PFC).

The PFC also suppresses amygdala messages. It tells one to suppress fear in that goals are attainable.

So a defect herein would diminish optimism. A failure herein would create anxiety and depression and an aversion to striving. Ks are programmed to strive in competition; Rs to aversion to fair, fitness-oriented competition.

122 - Allelic variation in the DRD4 gene are also associated with derangements of libido, earlier age of first intercourse and promiscuity and infidelity.

Liberals have been shown to exhibit greater depression and libido, and so be for a less sexually restricted society.

So one gene is responsible for four behaviors inherent to the R-strategy. (and that is with a leap from promiscuity to accepting single parenting).

The DRD4 gene modulates r / K.

123 - The failure to be able to control the amygdala could lead to developing cognitive tricks to control it as children. This defensive shielding of the amygdala would produce a much less developed structure, which would be easily overwhelmed. This would lead to a liberal adult who sees conservative fears as irrational.

Sex drive is associated with the drive to embrace or reject intra-species competition in nature via the adoption of an r or k psychology.

124 - More than the DRD4 comes into play because we're incredibly complex. Competitive environments, for example, increase testosterone. Winning does too. And, as we're getting more r, our testosterone levels are dropping as a society. Thus we see r and K in competition society wide.

- CHAPTER 17 - A FURTHER NOTE ON DOPAMINE AND OXYTOCIN Page 125

Hi levels of dopamine exposure can desensitize an individual to dopamine in the future. This is called down-regulation of the receptor transcription. This is seen in steroid abuse.

126 - Testosterone is an anabolic steroid. Such dynamics explain why steroid users must cycle their use up and down.

Cocaine is a dopamine mimic (or agonist) if you take copious quantities your brain gets less sensitive to dopamine.

127 - Thus one gets addicted to freely consuming food or sex. If food and sex are freely available, this is ideal.

It is believed that 7r allele (on the DRD4-7r gene) codes for a dopamine receptor which is a poor transmitter of the dopamine signal, producing a weaker signal per activation.

This makes you, in a sense, pre-addicted. Indeed the DrD4-7r has a link with addiction.

Thus a society with way too much stimulation would veer towards addiction to pleasure and become adverse to hardship.

In one study individuals with increased dopamine better tolerated hardships, such as cheating by opponents in the midst of competition, were more rule oriented in competing and made more use of the brain structures associated with reward and motivation.

This study is Treadway, MT, Buckholtz, JW and Cowan "Dopaminergic mechanisms of individual differences in human effort-based decision making" Journal of Neuroscience. 2012.

Those with lower dopamine exhibited greater rule breaking and got aggressive in the midst of competition. The areas of the brain used indicated that they were wondering, "Can I get away with this?"

Rather than compete, liberals often use government to oppress the other and so break rules (disarm everyone else).

129 – But how does this tie to other r strategies, such as lower rearing investment, and loyalty to in-group? We must look at oxytocin. Researchers once loved it as it could produce docile creatures, and trust. It's release has also been associated with monogamy.

But it also creates trust in regards to ones in-group.

A pulse of dopamine, in rats, releases oxytocin. So if you have less effective 7r allele, you have a less receptive dopamine receptor (perhaps via overstimulation) and less baseline oxytocin, and so a greater r-strategy with regards to parental investment, monogamy, and loyalty to ingroup. Picture a junkie whose only concern is the next fix with no loyalty or honor or parental investment.

Thus when resources diminish and stress increases, it would increase group behavior against outsider and to seek dopamine in competition. This dopamine produces oxytocin which makes for bonding and group loyalty.

When resources flow freely, and dopamine is everywhere, humans put less emphasis on personal bonds or group affiliations, to minimize conflict.

- CHAPTER 18 - SOCIAL SCIENCE, REARING AND r/K PSYCHOLOGIES Page 131

Many organisms partially mold their psychological reproductive strategy after a childhood assessment of resource availability.

Nurturing and stress in childhood adjust settings epigenetically.

We see this in Patricia Draper's father absent homes. The anti-social results are widely known. But, interestingly, the father-absent results do not happen if the father was killed. So perhaps it correlates with the mother already having r selected tendencies.

And, evidence is that not all are equally susceptible to this early childhood effect. This is again dependent on the 7r allele of the DRD4 gene.

Dr. Dweck has shown children can take an optimistic view that sees defeat as a natural part of self-improvement. The other has no confidence in their ability to develop abilities. They avoid challenges. These take opportunistic strategies.

This, again, doesn't mean all individuals are predetermined.

- CHAPTER 19 - DEPRESSION, INFECTION, and ANTICOMPETITIVENESS Page 137

Ideological liberals have higher rates of depression, that are linked to diminished incentive salience. And, this happens in individuals who are best served by avoiding competition. It makes them risk averse.

139 – Rank theory posits that depression evolved to motivate people to avoid striving for dominance. This motivates the anti-competitive strategy.

Neuroimaging links depression to atypical PFC and amygdala-hippocampal structure. And DRD4 is implicated.

- CHAPTER 20 - FURTHER SUPPORT OF THE DOPAMINE / AMYGDALA IDEOLOGICAL NEXUS Page 144

Toxoplasma gondii is a protozoan parasite that makes rats approach predators such as cats as if they pose no threat. When the cat eats it, it too becomes infected as does its feces.

In men it leads them to envy success and break rules. In women such infection leads to greater levels of promiscuity. Infected populations are guilt prone (tend to be more apprehensive, self-doubting, worried, insecure and self-blaming). They also avoid ambiguity and aim for a “rule oriented society geared to reduced uncertainty).

142 – Avoidance uncertainty is complicated. It involves a desire for increased governmental oversight as well as intolerance for novel ideas such as exhibited by conservatism.

But it overall correlates with r type behaviors.

Envy of established success implies a desire to change the outcome of a competition that was lost. Those with smaller ACC feel less envy and so are more accepting of the outcomes.

Rule violating is very liberal and so is T. Gondii infection.

Finally, those with T. Gondii seek the imposition of rules on others.

This is in contradiction to conservatives K selected drive to engage in free, open competitions. Despite appearances liberalism also is ambitious and selfish and competitive (but subversively).

Current research indicates that T. Gondii alters dopamine signaling, especially in the amygdala, and to a lesser degree in the cortex (which impacts optimism). It creates depression and undermines optimism.

This and mokeys with amygdala damage supports liberal's preference for negotiation and appeasement over conflict when confronted with threat.

So we have both an inability to recognize threats and a poor self-evaluation in terms of competition outcomes. This is not to say that liberalism is caused by T. Gondii. Just that the outcomes show a pattern.

- CHAPTER 21 -
LIBERAL, HOMOSEXUALITY, and THE R-SELECTED
REVERSAL IN SEX-SPECIFIC TRAITS
Page 147

In R selected species that have parental responsibilities there is often a reversal of sexual dimorphism, and sex-specific behavior drives, compared to the K-selected organism.

In K selected species the males are expendable. They protect and die the primary duo of ma and offspring. Meanwhile nurturing feminine females guide the offspring to safety.

In r-selected species, males abandon females after mating. So the protection and nurturing falls to the females. Thus the females are more aggressive and traditionally (from a K perspective) masculine, to better protect. The flight prone males, by contrast, have diminutive size and fleeing behavior usually ascribed to K females.

If humans are flexible, we'd expect R groupings to have feminine competition averse males and aggressive / competitive / domineering females.

This would be accompanied by a reversal of physical traits that individuals would seek in mates. Women seek men who flee and men seek masculine women who could best protect their offspring.

So does this presage / explain a rise in homosexuality? Interesting. There is evidence:

Male homosexuals do show reduced aggression and increased promiscuity and reduced relationship duration. Liberal males have less upper body strength.

One study found sisters and maternal aunts of homosexuals have more fecundity and fewer gynecological disorders.

So there may be a gene that produces women who are set for R. This same gene might make men prefer more masculine women. And, this looks to be DRD4-7R again.

It does not actually push homosexuality but sexual novelty.

And, as this is DRD4-7R which is epigenetically sensitive, it might go with female stress. In fruit flies homosexuality can be induced via dopamine increases. And more dopamine is the result of the R environment.

149 - One man took dopamine and began to compulsively seek gay sex.

150 - Homosexual males have greater connection to the left amygdala, while liberals had larger amygdalas. Same?

Female homosexuals have more right side amygdala connections. This explains their being more masculine.

So perhaps homosexuality is an overshoot of the change to r ways. These reproductive disadvantages are still overridden by the increased female fecundity.

- CHAPTER 22 -

THE GAMES IDEOLOGUES PLAY

Page 153

Lack of dopamine makes for poor muscle coordination. Hence the lack of masculine body strength among liberals. Parkinsons also happens from dopamine problems.

Play allows them to test dominance in a safe place. Can they win with rules? Can they not?

Neuroscientists have linked dopamine activity to competitiveness and incentive salience. Those who get a dopamine shot from competition go for it. So play, liberalism, failure and stature vary together.

Also children who watch others succeed get envy and a larger ACC. The ACC is also increased by exclusion. They would turn into an envious adult who could not understand why people are conservative and not identify with an ingroup.

This is setting epigenetics outside of the family unit.

- CHAPTER 23 - JOHN JOST AND THE PERSONALITY TRAITS OF POLITICAL IDEOLOGUES Page 157

Jost of NYU has found conservatives are less tolerant towards out-groups, more prone to seek stability, order, familiarity, conformity and decisiveness.

These would all help in group competition.

Liberals better tolerate ambiguity, have more tolerance towards out-groups, are not motivated by fearful stimulus and are less prone to abide by rules. They seek conditions with less stability, less order, less familiar circumstances, less conformity and less loyalty to their group. So R.

This helps to avoid death in battle. And, it thwarts K selected warriors.

159 – It is interesting to note that Jost's characteristics impact group selection more than individual selection .

Interestingly, when shown fearful, mortal salience stimuli (such as 9/11) those on the left shift right in every way. Even on issues unrelated to the threat presented.

We would see these more as resources grew scarce and conflict increased.

No contrary shift was found, wherein people shift from K to r – to more liberal. And this is key. Because it is consistent with research that says once the amygdala is sensitized to a stimulus, deconditioning it does not erase the pathway, but only suppresses it.

The R and K are both competitive. But the K seeks to win within the rules for its own group. The R is the opposite. They will use the conflict for their own advantage, regardless of their own merit or others merit. And he'll undermine his own nation's K types.

This theme explains why they find the whole discussion of Darwinian themes applied to social structures and humans.

- CHAPTER 24 - HISTORICAL EVENTS and r/K SELECTION Page 163

Government policies reward R type behavior and this increases that gene pool. They do this while blunting the hurt from K's succeeding. But, as the society falls, K values will once again start to win and spread.

THE 1960s COUNTER-CULTURE! -

Twin studies show both political leanings and the strength of those leanings have a genetic root. Family studies show this too.

With epigenetics, r and K strategies would shift as conditions shift. For example, the Stockholm syndrome and rooting for the other would be helpful in defeat.

166 – During WW II we deployed as many K men as possible. Those Rs who stayed behind (and their strong mothers – he doesn't mention) filled the gene pool. Twenty years later we get the counter culture.

They wanted all R: no competition – just commune like abundant equality. Promiscuity and denigration of monogamy – requiring women to provide 'free love' absent any fitness test.

167 – So the claim here is that we have a sudden rise and fall of hippy culture that coincides with pre-war babies, during the war R fathered babies, and post war K offspring. [But the dates are wrong. If hippies peaked in 1968, the babies were born in 1948, well after the war].

Diminished in group loyalty is associated with a long-form polymorphism in the Variable Number Tandem Repeat (VNTR) of the D4 dopamine receptor. It would then follow that the hippies had long form VNTR polymorphisms on their DRD4 genes. This would lead to increased novelty seeking, promiscuity, and drug abuse.

In old days wars were fought closer. This means that going over to the other side would have been easier. Here the hippies went over to the other side and let the Vietcong attack our K types.

This theory is the only one to explain the quick rise and fall of the counter-culture.

While the abundance of the 1950s would have indicated a shift to R, it cannot explain the animus of the 1960s moment. Even with prosperity it went back to quasi-normal. Therefore, the zeal is genetic, by R fathers.

THE RENAISSANCE! -

As the Medieval Warm Period came to an end the population boomed, going beyond carrying capacity. This would make a shift towards K.

This also meant that many lower caste folks had weakened immunity due to hunger. The well-off would have had better nutrition and the ability to live away from rodents.

Today's left live well, but their followers live in low income cities, where rodent populations thrive.

R folk today have limited discipline for science and cannot survive sans the government, they don't like values judgments. These folks would have been culled by the black plague. This would leave a residue of K folk who are more prone to self-sort anyways. And, they like good and bad distinctions. And, BOOM! The Renaissance.

If this happened today, we'd see the same effects. Is he suggesting a plague?

We'd go from crucifixes in dung to da Vinci. We'd have individual freedoms as well. And, "American greatness would also emerge (make America great?).

THE ROMAN EXAMPLE! -

The Free resources via booty and slaves could make folks more R. These folks would grow as the K folks were sent away to man the garrisons. And r folks would want more taxes to hurt the K and breed ever more.

Military virtue and ability to detect threats would go down.

R multiplies till all resources are devoured. Here, with the military conquest help, Rome did this and then some.

- CHAPTER 25 -

**THE MISERY INDEX vs. THE CONSERVATIVE POLICY MOOD
- VISUALIZING the r/K SHIFTS IN SOCIETAL IDEOLOGY**

Page 181

The R / K changes happen at different speeds, epigenetic is fast and genetic slower.

Laying the Conservative Policy Mood and Misery Index graphs over each other we see great coordination. When misery is high, people shift more conservative. And, vice versa.

Regardless of economic underpinnings, violence (Vietnam / 9-11) can cause a shift towards conservatism.

He predicts that as we decline, we'll see a rejuvenation in competitiveness, aggression, monogamy, family values and traditional gender roles. So will disregard for outgroups. This will make a big / worldwide shift right.

People may also awaken to the lunacy of r.

- CHAPTER 26 -

WHAT IS K?

Page 187

Is K an ability or a desire to engage in violence? Is it IQ? Conservatives look at r with contempt, but why?

187 - "K is something programmed into the computer code of the universe." "Once arisen, it guides the evolution of every self-sufficient organism's form and function. K may even be the fundamental force really driving the universe's organization, if not the underlying purpose of the entire Creation. In its most basic form, K is about fostering of a specific quality within the Universe's organization. The quality can loosely be described as "greatness," – encompassing such variables as complexity, ability, resiliency, sophistication, creativity, adaptability, etc.

"If one examines the world around them, they will quickly come to the realization that, over the long haul, it favors K innately, and that this is likely an engineered design." "Indeed, were the universe designed to favor r, evolution would never have even made it that far. All God would see in a perpetually r-universe would be ever more rapidly expanding blobs of goo, each unit of goo competing fiercely with the others, to see which can expend less energy on greatness and complexity, to focus on reproducing more of an ever less-evolved goo."

188 – "Where K inevitably emerges, it not only produces greatness – it produces a deep, abiding love and respect for it in the very products of its creation."

"The imbeciles of idiocracy do not produce, protect, or favor greatness. Their's is a nihilistic world absent any purpose or accomplishment."

They call businesses “big business” and deride nations as evil and oppressive. They hate patriotism. They see greatness and destroy it to pamper failures. This is a spiritual battle. The two are not compatible.

“The only benefit is that God designed this world to favor K, even as the governing structures of one’s nation are reduced to ashes, all this really does is trip a switch in the universe, which spontaneously forces the return of K.”

- CHAPTER 27 -

THE CYCLE OF LIFE AND GOVERNMENTAL DEATH

Page 191

Rabbits and lions just do what they do and find a balance in the environment. Humans are different: we rise and fall due to ingenuity. And, our in-group nature is such that when we have excess, we feed the R. And, so begins our decline.

They will suck out resources and then infect your work ethic. When failure meets no adverse result the amygdala will shrink. The government will collapse and K will rise again.

193 - In nature we’d get a balance of predator and prey. But, humans extend parasitism via government. Thus we overshoot the mark of balance.

194 – Also K’s compassion overextends the persistence of R. This makes the crashes harder.

In Rome the raiding of neighboring lands and the seizure of their resources by force allowed the population to forestall the onset of K pressures.

It is said that no civ can last forever. But, we can see these cycles. We see the fall in the movie Idiocracy.

195 – We can forestall this by two methods, non-selective, state-sponsored charity being eliminated for selective charity. This sadly, would require children of reckless r folks suffering. Reeking of eugenics, this technique could never take hold.

The second way is for the R to make a way that K cannot withdraw their resources. This might maintain the R longer. Communism and Socialism show that Rs are not hesitant in going for the jugular.

The third is a nation getting resources beyond its productivity, as the Romans did. You can also do this via debt. But, this will lead to a larger collapse when the time comes.

When productivity is attacked, the debt will never be paid.

- CHAPTER 28 - WHERE EVOLUTION MEETS r/K SELECTION Page 199

There are tech advances which will alter some of this.

- BIRTH CONTROL -

This and abortion may reduce the number of R folks. They needn't undergo the hardship of raising kids. So resources may stay plentiful for longer. But, they are not likely to do the regimentation to make this effective. So they'll continue to out procreate the K.

- PEACEFUL COMPETITION -

Now that violent combat is no longer how you prove yourself, people with no physical capacity can compete. But evolution has still made childhood play the vetting field.

This may make for an odd chimera, a person whose brain is capable of competing, and does, but their sympathies are still very r. (limo leftists). And poor people who were good at sports and support free competition and limited government.

We could hope that intellectual battle will someday replace violent battle. But, rough play is deeply engrained.

- CITIES -

Altruists being parasited can only be limited by the 3 Rs: reputation, reciprocity and retribution.

202 - If selfishness is punished via policing of the group, then cohesion and unity of purpose will continue. "Darwin will continue to smile down on altruism."

This policing is best done in small groups. Reputations become less important in large anonymous cities. Thus liberalism flourishes more in cities than small towns. If R folks are programmed to migrate to greener pastures, the cities are such pastures.

In cities services make it easier to avoid the 3 Rs and pursue individual advantage at the expense of the individual.

- GOVERNMENT WELFARE -

K folks are torn by welfare because they see every child as valuable and a competitor to be invested in. People now, though, have babies for money. This will hit a wall.

After such collapses, nations are reborn freer and more productive.

- LAWS -

As Rs get control and bend the laws to serve themselves, the K folk must make a decision, obey or rebel and take over for their own survival. Perhaps K strategists will evolve a tighter in-group loyalty and less respect for the law. Or perhaps the new chimera K / r folk will side with the K.

- CHAPTER 29 - IMPLICATIONS FOR WARFARE Page 207

R selected folk don't see indiscriminate killing as horrible as K people do.

In production, r-people mass produce and K people make specialty items: Quality v. Quantity. If your amygdala is shrunken you won't be motivated to act now to prevent it in the future. And, if resources are free and endless, why fix anything?

209 - In K land, if your fridge breaks there is no other, you must fix it. The rise of cheap goods from China is a sign of the rise of R in the US.

In war, K people value every highly trained soldier. In R they throw numbers at you.

If you are nice to the R type on the battle field they may despise you more as the R hates all successful authority. A Stockholm effect could happen wherein you get your enemies troops to desert to you if you show strength (R folks side with strength).

211 - In the Middle East people grovel to brutal dictators, they respect the out-group dominant. If he shows weakness, the people may reject him.

This can be seen in liberals who castigate the K folk in their society's military but who bend over backwards not to offend brutal foreigners.

These behaviors are not conscious, but they are not arbitrary either: R selected folks are uncomfortable with conflict and competition.

- CRIMINALS, TERRORISTS, and OTHER PREDATORS -

There is a desire to avoid conflict and so to grovel before strength, but only when it is credible. This is seen in the demand for releasing terrorists.

They back criminals and often have animus towards law enforcement.

They also take the side of mountain lions and other natural predators, even when they eat humans. Unselective mortality favors the r mindset, not long term investment in offspring, K style.

214 – When they get power, they impose aggressive mortality on their populace (communism and socialism). This included a lot of K folk, freedom seekers. And they support population limiting efforts like birth control, eugenics, health rationing and abortion.

They go on a slippery slope, never getting enough to satiate their desires. They start to quash amygdala stimulants and so the amygdalas atrophy and get so sensitive that a single tweet causes a panic?? I don't get this part. Micro – aggressions.

But if you give into this sensitivity, it doesn't improve it. Rather we must treat their problems with disdain and ridicule to stimulate their amygdalas.

- CHAPTER 30 - THE NATURE OF OPPRESSION Page 217

Limited resources and competition are the rule of the world.

K people oppose all fetters on their freedom. For the R governments must deliver all and pacifically not judge.

218 – The R sees K competitors as fierce and violent.

- COMMUNISM -

Karl Marx was obsessed with Darwinism. He wanted government to outlaw the struggle for survival. End all failure in competition.

With this he attracted R folk from all over the world.

- Nazism -

The German Workers Party was to unite workers against the wealthy. It was renamed the Nazi party. It was an amalgam of r and K strategies. The workers were r and the Nationalists were K.

A problem R movements have is that they are competition / confrontation adverse. Thus they use the government to attack. This is the K folks taking orders from the R

folks. Rudolf von Sebattedorf used the nationalism against the 'outsiders' oppressing Germany.

When this happens the leadership is often r selected (as the K are respectful of people's freedoms). Even the US Republican party is more liberal and r than the grassroots.

In attacking Jews they used K strategy but to R ends wherein Germans no longer needed to compete against K Jews.

K movements are often poorly led as they respect freedom. R folk often actually run them. So to prevent them from being led astray, grassroots selected folks must take control of them.

- OPPRESSIVE DIVISIONS TODAY -

Both R and K are competitive. K is more obvious. But when the R got the K to fight the Jews for the Nazis it raised their standing.

They get the groups they envy (mediated by the ACC) to fight each other.

They do this by stoking dissention. So Communists sought to stir dissention against the rich. Liberals get govt to attack "Big Business." "Big" oil, pharma or banks regulated into destruction. This makes them go up, relatively, without direct competition.

The importation of foreigners of the same mindset is one in the same of the same. Subdue successful Americans on behalf of liberals. Everything is to be paid for by others.

-THE SUPERIORITY OF THE OPPRESSORS -

Some drives counter the R strategy: the drive to see merit recognized, fairness, to see winners honored. Being K selected these resonate with humans. (doubtful). The r must, therefore, couch their appeals in these themes.

We saw, "dissent is patriotic.' But the most interesting is the r is "superior." Superiors (our K wiring tells us) deserve to win.

229 - As long as they are 'superior' they can hide that they are altering rules in a game they lost by cheating. They cannot honestly evaluate themselves. They cannot note that they're stealing from others. They are superior people being magnanimous.

Liberals don't believe their theft is altruistic, or hiding behind government is intellectual because they want to; they believe it because they have to. It protects them from having their amygdala overwhelmed.

230 – They say the poor are morally superior to the evil, greedy rich. Aryans were superior to Jews even when beaten in business.

Being superior gives them the right to rig the rules to determine outcomes. They are superior because they're liberals and liberals because they're superior. It is circular. There is no free competition, empirical evidence.

The idea of free competition makes them panic. K folk do not bend rules to make the outcomes place them in superiority.

- CHAPTER 31 -

CONCLUSIONS

Page 233

Political ideologies are just evolved strategies.

One ideology makes us competitive; one leads to collapse. One comports with the spirit and morals of the majority of our K-selected species, the other seeks to control and oppress the majority. One embraces noble virtues, from love to loyalty. The other is selfish envy mixed with grievances. One creates awesome civilizations, the other mass graves.

People have thought all the same and arguments are rational. He thinks freedom is a universally respected virtue and so says to lean on it.

We are told liberalism is enlightened and the right are all cavemen. But it is not more intellectual than conservatism; both arise from the same biologically imbued well of r/k instincts.

Is the rabbit superior to the wolf? Deride liberals as Bunnymen to their face. These are amygdala stimulants and so will get a reaction.

Liberalism is not the future of mankind. It is bankruptcy. It is a cowardly urge.

Confrontation is a better way than collapse and rebound. We must turn off the spigot to encourage competition and esteem competition.